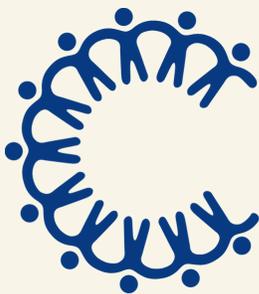




# EMPOWERING THE FUTURE.



Communities for People

**Annual Report FY18**



# Dear Friend,

Once again we are proud to illustrate some the successes of our youth, families, and programs, as well as our organization as a whole. The theme woven throughout this report is Empowerment. We believe providing the proper supports and encouragement, building on strengths and believing in the individual and/or family, are important elements in bringing about the confidence and ability to flourish as contributing members of the community.

We believe empowerment builds hope. Hope in themselves. Hope of positive changes in the future. A future where every child lives with a permanent, loving family; and every family has the supports it needs.



*Boyce Slayman, Chairman of the Board  
Joe Leavey, Chief Executive Officer*

One of the key building blocks to this empowerment is our investment in staff. We value our direct service staff as the primary helpers to facilitate the positive changes that we identified above. We provide comprehensive training, supervision and support throughout the organization. We ensure our clinicians and managers stay current on new techniques and treatment strategies. And we pilot new, innovative models we believe will make a difference in the lives of those we serve.

Communities for People recently launched such a new, innovative program model in Rhode Island: The Family Care Community Partnership. In conjunction with State and local authorities this unique program provides early intervention to families not yet in “The System”. We teach the skills needed to repair frayed relationships, in part, by reframing the ways family members relate to one another, helping them to keep their family together, and, importantly, to stay out of the system.

With your support, we will continue to provide effective, innovative programs serving even more youth and families.

**Boyce Slayman**

**Joe Leavey**

# An Empowered Youth is an Independent Youth



*Shavonne, 18  
Former Independent Living Client*

Like many youth who are placed in our Group Homes, Shavonne was very resistant to the program, the staff, as well as therapy and treatment. Fast forward 4 years, and Shavonne is enrolled in college, preparing to transition out of the system and move into an apartment, all while maintaining full time job. CFP staff persisted to work with her, unfazed by her defiance. The staff didn't give up, but instead they empowered her to become the confident, self-sufficient, caring adult she now is.

When Shavonne was first placed at CFP, her lack of communication skills made developing positive relationships and keeping jobs very difficult. She had poor school participation and

attendance, she hated the idea of roommates and didn't see the benefit of therapy. Eventually, Shavonne grew to appreciate and embrace the services and support she was receiving at CFP, and after 15 months in the group home, she transitioned to our Independent Living Program (ILP). Despite her limited financial budgeting skills, Shavonne carried the burden of her mother's financial responsibilities. While in ILP she learned how to manage her finances, she paid off all her debts, and remarkably saved \$5,000 before leaving ILP. She has been working full time at a security company for the past 18 months, and has even attained job-related certifications. Shavonne is enrolled at Bunker Hill Community College, and has gone from struggling to pass classes to passing all her classes for three consecutive semesters and is working towards a criminal justice degree. She is leaving our program and becoming independent, and moving into an apartment with roommates. On her own she solicited staff to assist her in finding a therapist who she now sees regularly. Now, she wants to give back, be a peer mentor and teach the youth in our group homes independent living skills like cooking. You may ask how can a person flip all those negatives into positives, you may wonder what can change a person so much. Shavonne was always this person, she just needed someone to believe in her and support her so she could feel confident and worthy of her strides and achievements.

# Empowering Families through the Family Care and Community Partnership (FCCP)

In the Spring of 2018 CFP was awarded a Family Care Community Partnership (FCCP) contract in RI. CFP has historically developed programs and services for families involved with state agencies. This program is CFP's first step into the world of prevention services. The FCCP is funded by the Department of Children, Youth and Families (DCYF). The program utilizes a wraparound process to connect at risk families in the communities of Central Falls, East Providence and Pawtucket with the appropriate resources and services before DCYF or the Juvenile Court System has to intervene. The program accepts referrals from anyone in the community including schools, physicians, police and self-referrals. The FCCP works to combat challenges that can disrupt a family including substance abuse, domestic violence, homelessness, mental health issues, financial distress, criminal activity and much more. Our staff work around the clock to ensure the families they work with feel safe, stable, and empowered.

Since starting in the Spring of 2018 we have worked with 247 families. Each family has its own set of unique struggles for them to navigate through. One single mother of two came to us after she was experiencing domestic violence in her home. The Family Service Care Coordinator connected her to a Domestic Violence Advocate who was able to secure services for the family and now both the mother and youngest daughter see a counselor regularly. Her oldest daughter received support around her school activities and is now involved in drama club and the chorus. With the help of the Domestic Violence Advocate they were also able to install a free alarm system, which gives them peace of mind and helps to ensure their safety. The Domestic Violence Advocate also supported her in court and assisted her with completing and submitting her crime compensation application. The Family Service Care Coordinator even helped the family to plan family bonding activities which has resulted in scheduled family game nights twice a week. The FCCP “wraps around” each family with all the local services they require and to help them stay together and out of the DCYF system.



*FCCP Staff at the FCCP office with food pantry.*



*FCCP Staff doing community outreach*



*FCCP Staff at an awards ceremony honoring the Mayor of Central Falls*

## Empowered Foster Parents Become Superheroes

Clifford and Rosalba, have been part of the CFP foster care family for years, they have seven family members who have been foster parents for CFP. They were active supporters and helped them all with the children placed in their homes. Seeing the impact first hand and knowing how closely CFP works with each foster family, they felt empowered to also become foster parents. Once they purchased their new home they completed all the required training and waited patiently throughout the licensing process. When it became time for their first placement, they opened their home to a little boy in an emergency situation and jumped right in. The training they received from CFP and the years of experience prepared them to take on any situation.



*Clifford and Rosalba, CFP Foster Parents*

Unfortunately, the young man placed in their home struggled with the separation from his family and was hospitalized two days after being placed in their home. Clifford and Rosalba could have stopped working with him, but instead they remained committed to him and stayed involved with him for almost two more months. They continued to visit him and talk on the phone which let him know they weren't upset with him and would be there for him if he returned to their home.

Despite their efforts, his treatment team decided he needed more than a foster home could provide. Although their first placement didn't go as expected throughout the process everyone they worked with

was amazed at their continued support for this young man who was just in their home for a few days. Although their first foster placement didn't go as planned, Clifford and Rosalba remain dedicated to being foster parents. Recently they transitioned another young man into their home. CFP staff were very impressed with their commitment and compassion. They represent the best of what foster parents can provide and the importance of staying connected to kids who don't always make it easy. With the proper supports, training and understanding a foster parent will be empowered to care for the child like their own and do anything they can for that child. They will be empowered to be a superhero to the child.



# Empowered to Pursue a Career



Andy sought out DCF's assistance on her own, despite having signed herself out of their custody 6 months prior. However, after becoming homeless and reporting safety concerns because of domestic violence incidents with her live-in partner she turned to DCF once again. She was accepted into CFP's Independent Living Program approximately a year ago. At the time of her intake, she was finishing up an accounting program through Year-Up as well as maintaining employment at CVS. Letting her circumstances get the best of her, Andy considered quitting the accounting program and just focusing on working.

However, the supports she received in the Independent Living program empowered her to change directions. Her Independent Living plan focused on working towards a long-term career instead. The program assisted her in securing a therapist to address the trauma she experienced whom she continues to see regularly. Now 21, Andy is currently working as an Executive Assistant making \$45,000 a year at Eaton Vance, an investment firm. She will leave our program in the coming months having saved \$2,000. There are college graduates who haven't achieved as much. As she transitions out of the program the priority is to find an affordable apartment for her and ensure she is able utilize her resources to stay on the path of success she has started down.

## CFP's Lead Area Agencies

*CFP is a Lead Agency in the Hyde Park and Harbor area offices under the Family Networks Contract. As a "Lead Agency" CFP workers are working in DCF area offices bringing services closer to clients. Family Networks allows DCF to be more flexible and responsive to families.*

### Total Clients Served in FY18

**344**

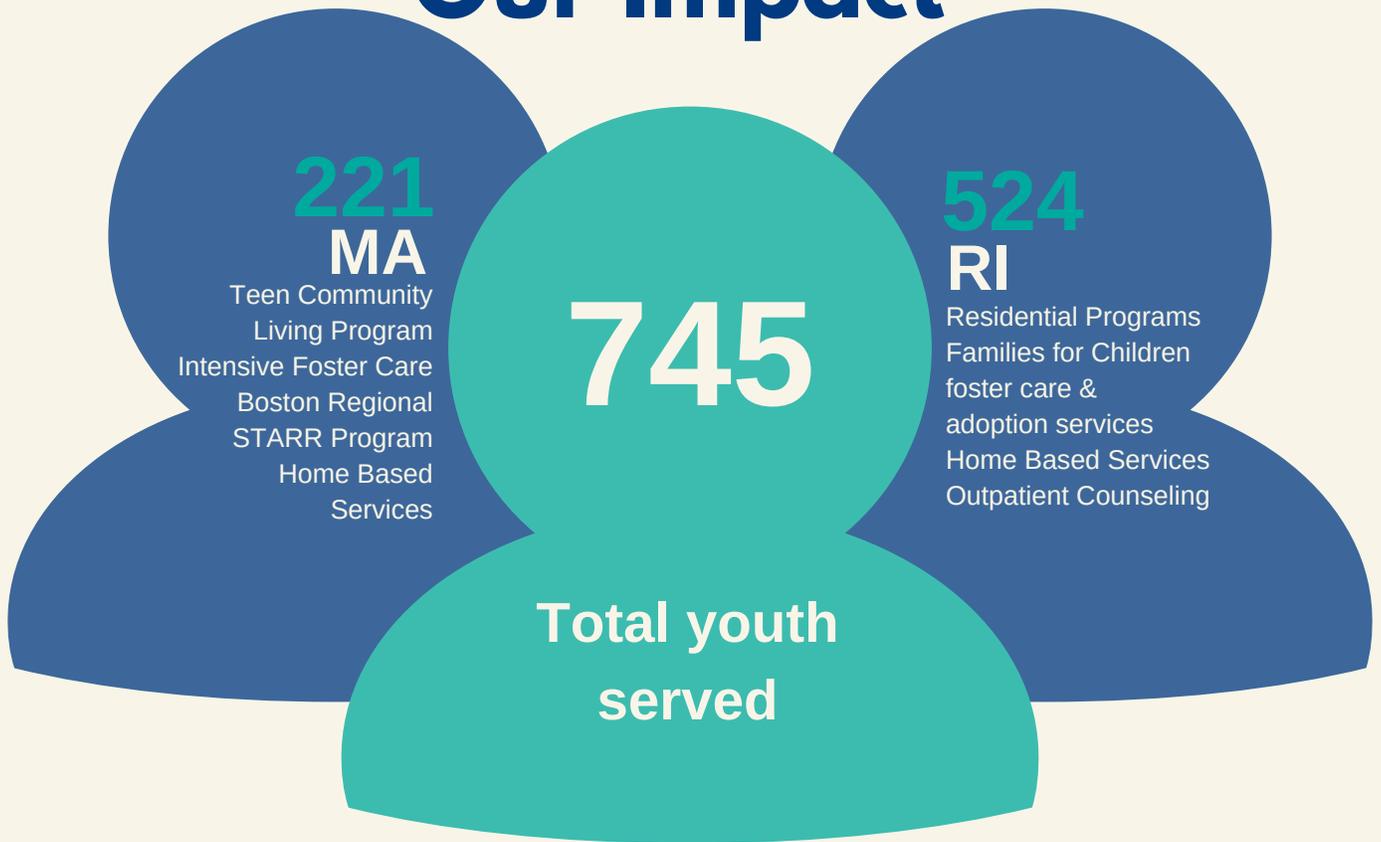
Harbor Area  
Office

**219**

Hyde Park  
Area Office



# Our Impact



Youth enrolled in HSE/School



Youth completed current grade



Youth are enrolled in college/vocational program



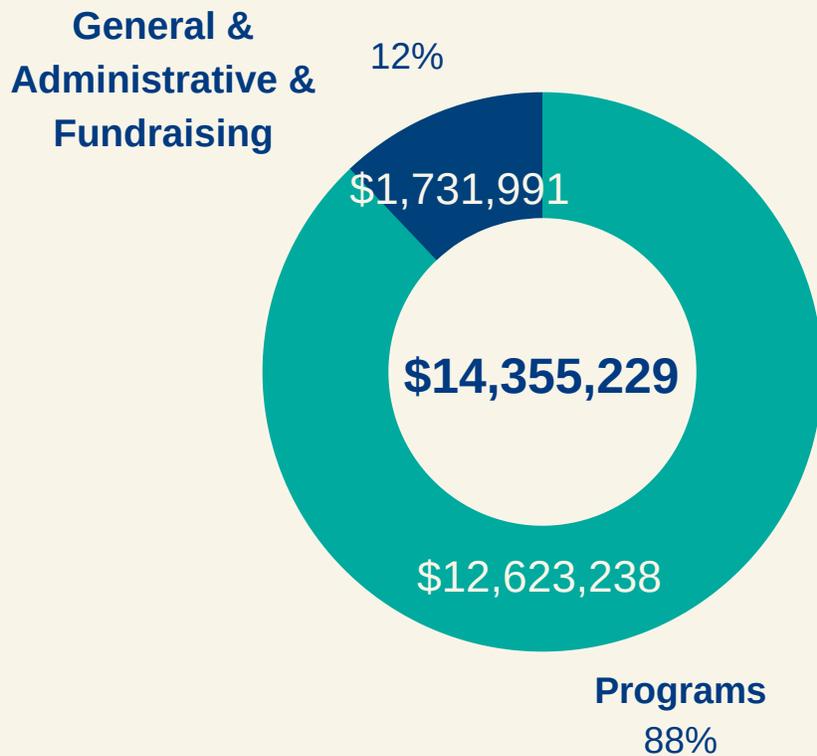
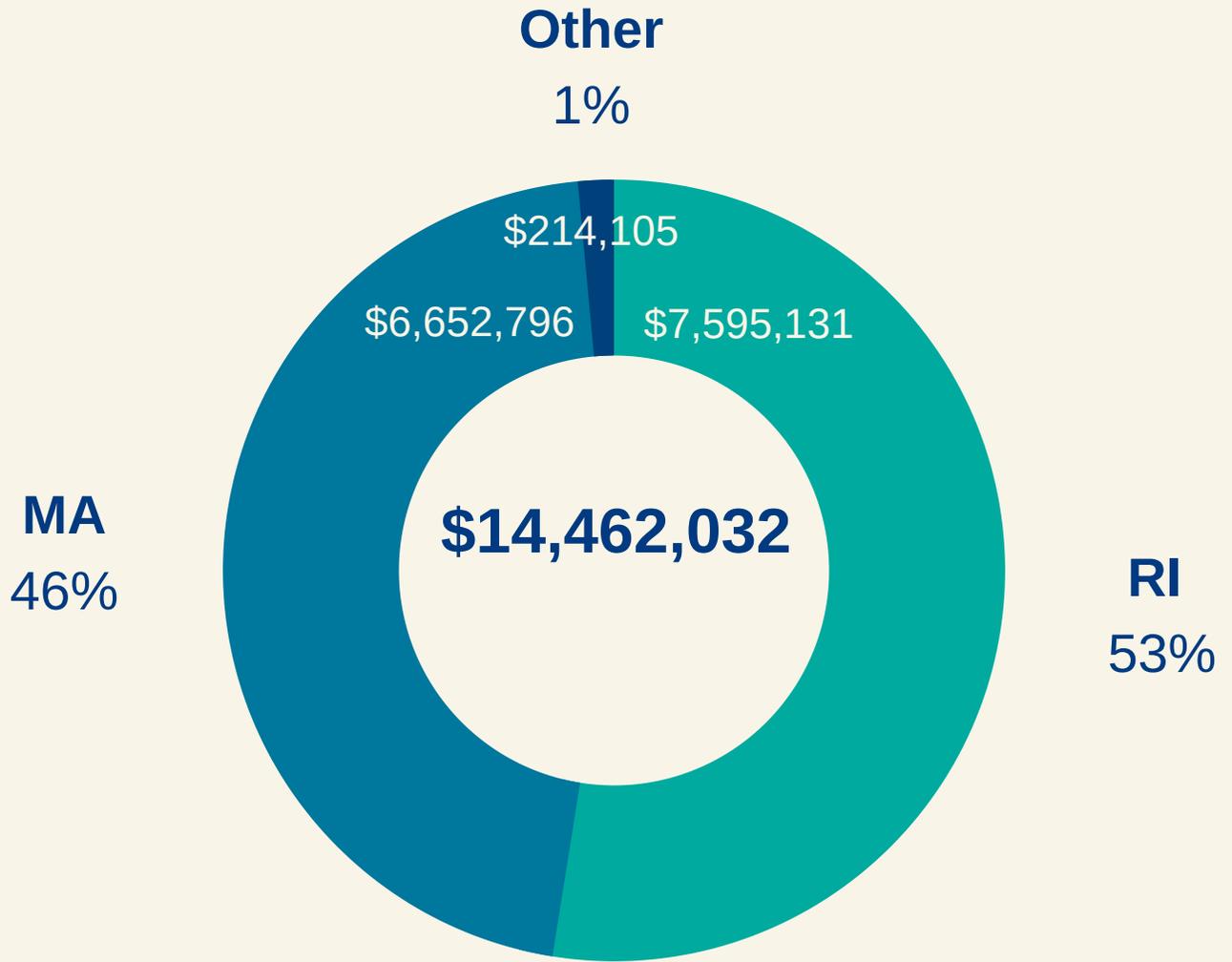
Youth were employed



Youth & Families were Reunified



# BUDGET SUMMARY FY18





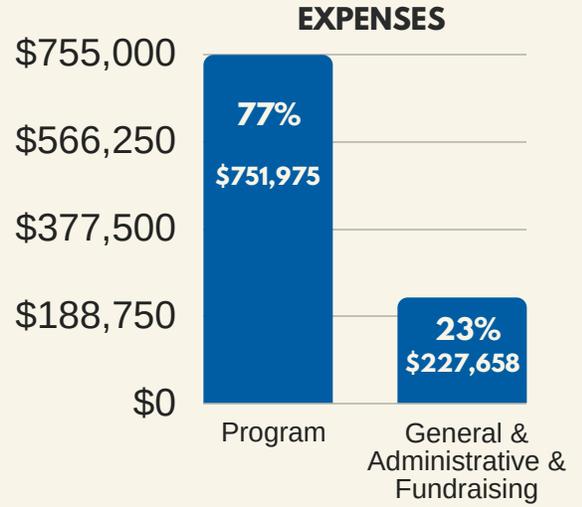
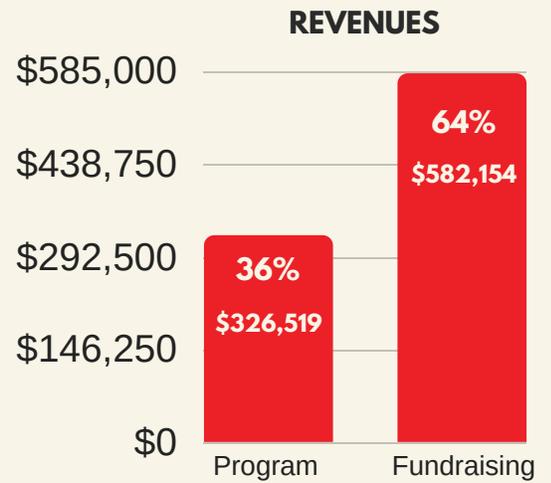
# DOC WAYNE

A GAME CHANGER

**350**  
Total youth served in FY18

In 2018, Doc Wayne held their 3rd Annual Leveling the Playing Field Conference at Boston College on May 11th. The theme of Social Emotional Learning helped to create new conversations and solutions, as well as break down silos among community services.

Additionally, Doc Wayne participated in the John Hancock Nonprofit Program for the first time and received two charity bibs for the Boston Marathon. Their charity runners succeeded in both their fundraising and awareness raising efforts for Doc Wayne. Doc Wayne will continue to utilize the power of sport and team situations to help youth overcome mental health challenges. Over time, as individuals and in teams, youth learn to heal together, grow together, and win together.



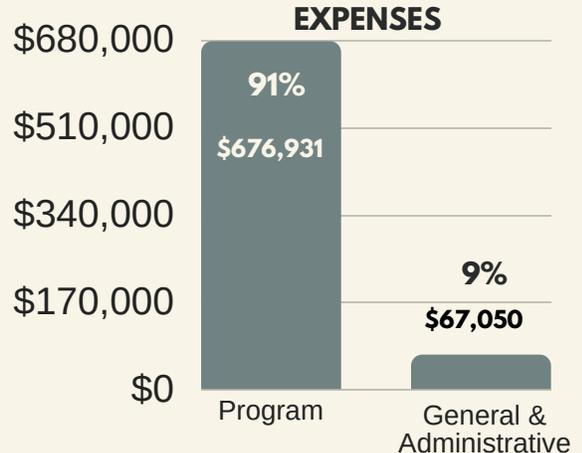
# BOSTON A.S.A.P

Boston Alcohol and Substance Abuse Program, Inc.

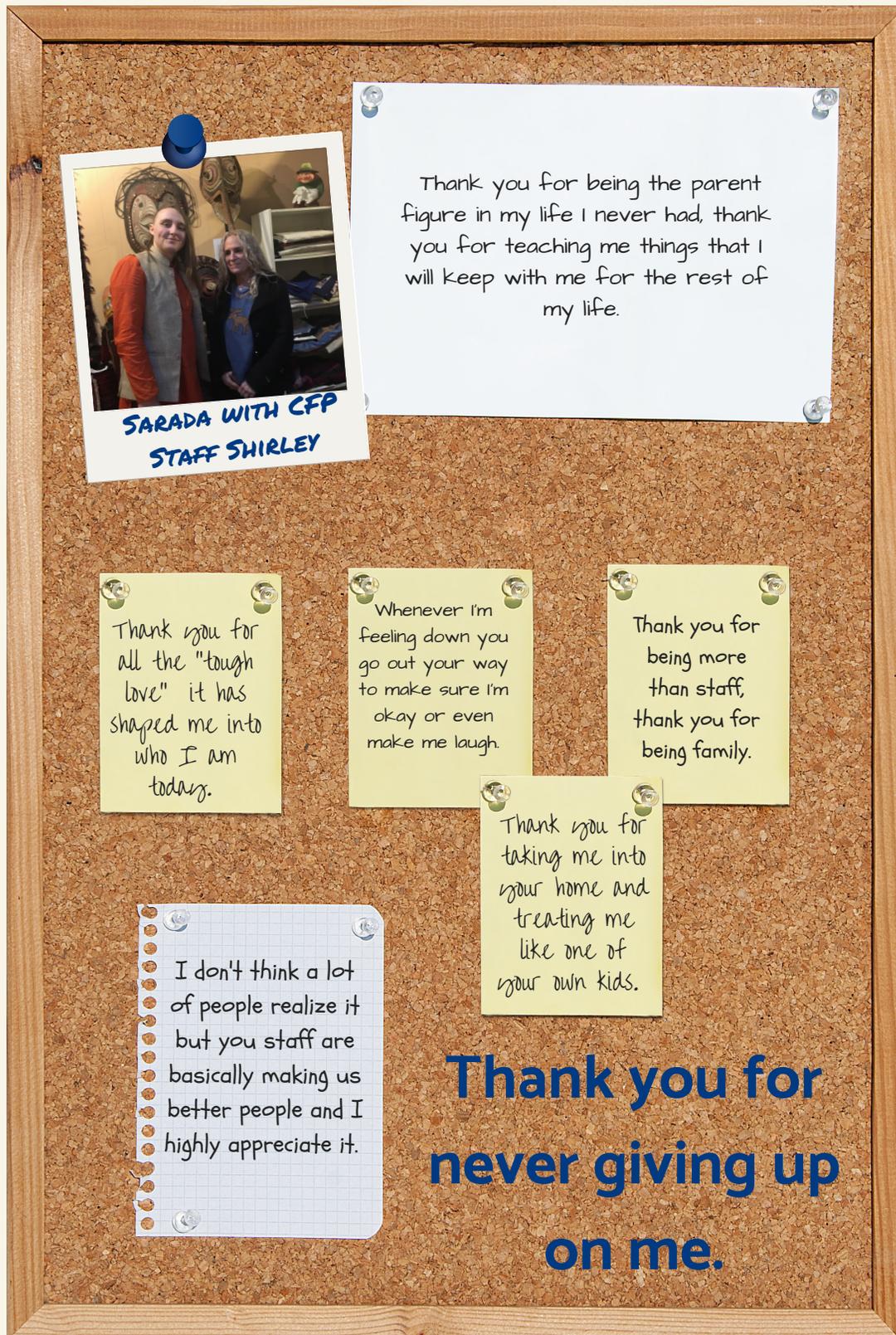
**1,387**  
Total persons served in FY18

Boston ASAP continues to grow its offerings and expand its Mental Health Clinic and the gambling counseling services. As the casinos become more and more prevalent, Boston ASAP anticipates a great need for these counseling services and hopes to be part of the solution.

This year Boston ASAP also moved its office location closer to South Station. The office space is closer to public transportation and more accommodating. The new office also offers enough space for the programs to grow in size as well. Boston ASAP aims to provide therapy/counseling for a wide variety of mental health challenges.



# Youth EMPOWERED by Staff



Thank you for being the parent figure in my life I never had, thank you for teaching me things that I will keep with me for the rest of my life.

Thank you for all the "tough love" it has shaped me into who I am today.

Whenever I'm feeling down you go out your way to make sure I'm okay or even make me laugh.

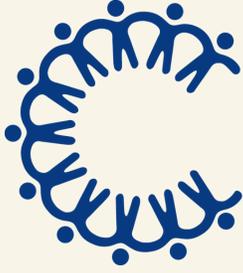
Thank you for being more than staff, thank you for being family.

Thank you for taking me into your home and treating me like one of your own kids.

I don't think a lot of people realize it but you staff are basically making us better people and I highly appreciate it.

**Thank you for  
never giving up  
on me.**





Communities for People

We foster care.

Find out how YOU can.

Please visit our website [www.c4p.org](http://www.c4p.org) to learn more about CFP and ways to support our programs and services.

Join us on    @CFPkids

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22 McGrath O'Brien Highway  
Somerville, MA 02143  
(617)628-0451

**Corporate Office:**

418 Commonwealth Avenue  
Boston, MA 02215  
(617)267-1031

**RI Programs:**

623 Atwells Avenue, Suite 201  
Providence, RI 02909  
(401)273-7103

[www.c4p.org](http://www.c4p.org)