

We are committed to creating an environment in which all of our team members feel valued, included, and empowered to fully participate, bring their full selves to their work, and confidently bring great ideas to the table in service of our mission.

A Note from Craig

Spring is in full force and winter doldrums are (hopefully) in the rearview mirror. Spring is always a season of change, and change remains in the air at CFP. First, I am ecstatic to share that our entire first two rounds of JEDI training are complete. We have 100 staff who have completed "Ally" training (identity, bias, privilege, and power) as well as "Advocate" training (productive interventions to address bias and discrimination). Nearly all of our supervisors have completed "Champion" training (building inclusive teams, creating psychological safety, addressing reports of bias, etc.). I am both proud of and thankful for our staff's personal commitment as well as their commitment of time to an extensive training program.

Second, in addition to the training, our JEDI Council's inaugural members have met and are building a plan to make sure CFP will always be an inclusive workplace where each staff member feels they belong and able to contribute their full selves to the challenging tasks of supporting the vulnerable youth and families we serve. These initial members deserve recognition and praise as they lead CFP's efforts.

Our trailblazers:

Connell Brown
Cynthia Coppola
Randy Dominguez
Grimary Espanol
Allyson Klee
Allison Krebs
Bethany McMahon

Laquinta Montenegro Kerry Myers Redah Owens Samantha Smith Jay Turillo Gina Washington Sarah Yoken

May is also Foster Care Awareness Month as well as Mental Health Awareness Month. It has double importance to our staff who work with such vulnerable youth and families every day. A month is not long enough to celebrate the work and our victories, but I am glad the public gets to be reminded about the needs of youth and families experiencing foster care as well as the recognition that our mental health care is every bit as important as our mental health care.

Spring is also a time of renewal, so I wish you an opportunity to refresh, relax, and renew.It's often hard to prioritize that in our field, but let's try. Maybe those flower buds can be our inspiration!

-Craig

MAY IS BUSTING OUT IN DIVERSITY

TOGETHER for Mental Health

Mental health is an incredibly important part of overall health.

With a growing number of Americans experiencing mental
health symptoms, we need to join together to advocate for
improving our nation's mental health care system.



Older Americans Month:

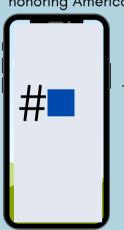
an opportunity to explore diverse aging experiences and discuss how communities can combat stereotypes, promote flexible thinking about aging, and how we all benefit when older adults remain engaged, independent, and included.

National Foster Care Month

2023

JAHM JEWISH AMERICAN HERITAGE MONTH

honoring American Jews and their contributions to the US throughout history.



STAND UP TO JEWISH HATE

The blue square represents the American Jewish community, which is 2.4% of the U.S. population. Yet Jews are victim of 55% of all religious hate crimes in the United States. Share this blue square to let them know they're not fighting alone anymore.



Asian American and Pacific Island Heritage Month

The AAPI umbrella term includes cultures from the entire Asian continent—including East, Southeast and South Asia—and the Pacific Islands of Melanesia, Micronesia and Polynesia. As of 2019, there were about 22.9 million people of Asian or Pacific Islander descent in the United States. According to the Pew Research Center, AAPI people are a diverse and growing population that make up about 7 percent of the total U.S. population.

May 5 - Cinco de Mayo: Mexican-American holiday that celebrates Mexico's defeat of the French Army

<u>May 17 - International Day Against Homophobia, Transphobia, and Biphobia:</u> this event seeks to raise awareness for the rights of LGBTQ+ individuals.

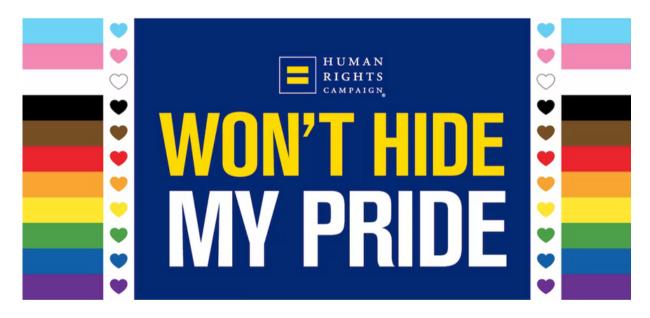
May 26 – Buddha's Birthday: Buddha Purnima 2023

Buddha Purnima during Vaishakha month is celebrated as birth anniversary of Gautama Buddha. Gautama Buddha whose birth name was Siddhartha Gautama was a spiritual teacher on whose teachings Buddhism was founded. Buddhism is a religion that is based on the teachings of Siddhartha Gautama. The main principles of this belief system are karma, rebirth, and impermanence. Buddhists believe that life is full of suffering, but that suffering can be overcome by attaining enlightenment. Buddhists make up 7% of world's population and approximately 1% of the US population.

JUNE IS PRIDE MONTH



LGBT Pride Month: Pride Month recognizes LGBT people and the effect they've had on the world. June was selected to commemorate the Stonewall Riots. On June 28, 1969, the Stonewall Riots began following a police raid on the Stonewall Inn, one of New York City's best known LGBTQ clubs.



June 12 - Loving Day: This day is the anniversary of the court decision that legalizes interracial marriage

DID YOU KNOW?

Nearly a decade after marriage equality became a reality nationwide, over half of U.S. states could still deny LGBTQ+ Americans basic freedoms like the right to rent a home or the ability to receive public goods and services simply because of who they love or who they

https://www.hrc.org/campaigns/equality-act



OTHER REASONS TO CELEBRATE JUNE



<u>Caribbean American Heritage Month:</u> This month recognizes those of Caribbean descent and the impact their accomplishments have had throughout American history

Caribbean immigrants have been contributing to the well-being of American society since its founding. Alexander Hamilton, the First Secretary of the Treasury was from the Caribbean island of Nevis. We count among our famous sons and daughters, Secretary of State Colin Powell, Cicely Tyson, W.E.B Dubois, James Weldon Johnson, Harry Belafonte and Sidney Poitier to name a few.



J<u>une 19 -</u> Juneteenth:

This day commemorates when the last African Americans learned of the Emancipation Proclamation (over two years after it was originally issued).



The Hajj

One of the five pillars of Islam is that each believer is called, at least once in their lives, to make the Hajj, the annual pilgrimage that starts and ends in the holy city of Mecca located in today's Saudi Arabia. The journey recreates Muhammad's own path as the native son returned to his tribal home as the leader of a vibrant new religion. Unlike other sacred sites, Mecca is closed off to believers of other faiths: only Muslims are permitted on the Hajj.

Religion: Islam Earliest pilgrimage on record: 629 CE

Frequency: Once a year
Duration: 5 days
Annual participants: Over 3 million

Worldwide Muslim Population \$1.8B

BE A CFP ALLY

AWARENESS

Is there a problem?

- Is it out of the ordinary?
- What does your gut say? If you are uncomfortable, likely others are too.

ATTITUDE

How can you play a role?

- What is the danger of not-intervening?
- Are you the best person to do something?
- Why are you the best person? What do you want to accomplish?

ACTION

How should you respond? "What do you mean by that?"

TIMEOUT!

